

# Advanced Yoga Studies/ Registered Yoga Teacher Training



This program is accredited by the Yoga Alliance and offers 200 hours of comprehensive yet individualized training.

Train to become a Registered Yoga Teacher (RYT) or just for your own personal enrichment.

At the completion of the program, students are eligible to receive the credential of a 200 hour Registered Yoga Teacher.

The program includes hands-on training, outside reading and assignments, student teaching opportunities, and one-on-one consultation with an Experienced Registered Yoga Teacher (E-RYT).

Classes are held for 9 weekends (one weekend a month).



Orientation date:  
Friday, April 27, 6 – 8 pm

Classes start the weekend  
of May 4 and end  
December 2, 2012.

Cost - \$2,700  
\$200 non-refundable deposit

Classes are held in Centreville, MD  
at the Every Body Yoga, RYS  
(Registered Yoga School)

Instructor:  
Phyllis Johnston, M.ED., E-RYT

CEU 100 - Registered Yoga  
Teacher Training

For more information, contact Marci Leach at  
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